



# Food in the FINGER LAKES

We crunched the numbers and it's true: Ithaca, NY has more restaurants per capita than New York City. It's a delicious statistic that hints at the variety of local restaurants and tells us something fundamental in the Ithaca psyche--Ithacans are passionate about food. This is just a small list of some of the exquisite local cuisine.

## FUN & FOOD

- **Farmer's Market - Ithaca, NY** - Features local farmers, chefs, and artisans from within 30 miles of Ithaca.
- **Community Supported Agriculture (CSA)** - The Finger Lakes is home to many CSAs. Find the list at: [Cornell Cooperative Extension | CSA Directory \(ccetompkins.org\)](#)
- **Saigon Kitchen** - Pho, Vermicelli, and Vietnamese favs.
  - 526 W. State Street, Ithaca, NY 14850
  - 607-257-8881
- **The Rook** - Comfort food & Cocktails
  - 404 W State St, Ithaca, NY 14850
  - 607-319-0780
- **Coltivare** - New American dishes
  - 235 S Cayuga St, Ithaca, NY 14850
  - 607-882-2333
- **Mahogany Grill** - Steaks, Seafood & Cocktails
  - 112 N Aurora St, Ithaca, NY 14850
  - 607-272-1438
- **Moosewood** - Vegetarian & Vegan Entrees
  - 215 N Cayuga St, Ithaca, NY 14850
  - 607-273-9610
- **Hound & Mare** - Breakfast Sandwiches & Fresh Baked Goods
  - 118 N Aurora St, Ithaca, NY 14850
  - 607-319-4463
- **The Boatyard Grill** - Seafood & American Cuisine
  - 525 Taughannock Blvd, Ithaca, NY 14850
  - 607-256-2628
- **Sumo Japanese Steak House** - Hibachi & Sushi
  - 2309 N Triphammer Rd, Ithaca, NY 14850
  - 607-257-7777



# Fun in the FINGER LAKES

## FUN & EDUCATIONAL

- **Museum of The Earth - Ithaca, NY** - Discover the mammoth skeletons of dinosaurs, watch as ancient fossils are preserved in the laboratory, wander through new exciting exhibits.
- **Sciencenter - Ithaca, NY** - Bring out your inner scientist—experiment with over 150 interactive displays that parents and kids will love.
- **The Discovery Trail - Ithaca, NY** - Check out these eight fun locations that focus on art, science, history and writing.
- **Corning Museum of Glass - Corning, NY** - Try your hand at glass making, see live glass blowing demonstrations, learn about glass dating back to 35 centuries ago.
- **National Soaring Museum - Elmira, NY** - Delve into the history of motorless flight, experience a motorless flight simulation, check out week-long summer programs for kids.
- **The Rockwell Museum of Western Art - Corning, NY** - View great pieces of artwork, learn about Native American history, play dress-up in the kids interpretive area.
- **Women's Rights National Historical Park - Seneca Falls, NY** - Discover how five women changed the course of history, explore homes with original antique furnishings, take the quiz to become a Junior Ranger!

## FUN & ENTERTAINING

- **Hangar Theatre - Ithaca, NY** - A professional regional theatre with a diverse summer main stage season, a children's theatre series, and year-round education programs.
- **Finger Lakes Drive-In - Auburn, NY** - Watch a movie while sitting out under the stars.
- **Harris Hill Amusements - Elmira, NY** - Kids of all ages will love the go-carts, mini golf and arcade games at this local amusement park.
- **The Finger Lakes Scenic Railway - Locations vary** - Take the family on a fall foliage train ride or on a trip with Santa.





# Outdoor Adventure in the **FINGER LAKES**



## FUN OUTDOORS

- **Cayuga Nature Center – Ithaca, NY** - A non-profit, private organization dedicated to educating the public about the environment.
- **Cayuga Waterfront Trail - Ithaca, NY** - Explore the Cayuga Waterfront on this 8 mile trail. This trail connects some of the community's most popular destinations: Stewart Park, Newman Golf Course, Ithaca Farmers Market, Allan Treman State Marine Park, Ithaca Dog Park, Hangar Theatre, Cass Park, The Ithaca Children's Garden, etc...
- **Children's Garden - Ithaca, NY** - A 3-acre public children's garden designed for kids, but enjoyed by people of all ages.
- **Taughannock Falls State Park - Ulysses, NY** - View one of the highest waterfalls on the east coast. Picnic, camp and check out the year-round activities.
- **Greek Peak Mountain Resort & Hope Lake Lodge - Cortland, NY** - Ski in winter and swim any time at this newly expanded resort and water park.
- **Fillmore Glen State Park - Moravia, NY** - Photograph beautiful waterfalls, hike one of the many trails, plan a day for a picnic.
- **Finger Lakes Trail - Ithaca, NY** - The Finger Lakes Trail system, over 950 miles in length, runs from the Pennsylvania-New York border in Allegany State Park to the Long Path in the Catskill Forest Preserve.
- **Montezuma Wildlife Refuge - Seneca Falls, NY** - View an abundance of birds, mammals and reptiles, check out the visitor's center and interpretive programs.
- **Robert H. Treman State Park - Ithaca, NY** - Robert H. Treman State Park adventure packed wilderness of winding trails. Follow the gorge past 12 waterfalls, including the 115-foot Lucifer Falls. Camp, Hike, Swim - family fun!
- **Seneca White Deer - Geneva, NY** - Catch a glimpse of one of the only herds of white deer left in existence at the old Seneca Army Depot.
- **Watkins Glen State Park - Watkins Glen, NY** - Visit one of the most breathtaking places in the Finger Lakes. Families will love camping, swimming and picnics in the park.